

Warm-up Times and Lanes All Age Groups

Lane #1	Lane #2	Lane #3	Lane #4	Lane #5	Lane #6
7:30 – 7:50					
SST	SST	SST	SST	SST	SST
7:50 – 8:10					
DAAC	DAAC	DAAC	DAAC	DAAC	DAAC
8:10 – 8:30					
CYA	CYA	CYA	CYA	CYA	CYA
8:30 – 8:50					
LAC	LAC	LAC	LAC	LAC	LAC