

Seahorse Swim Team

FIRST CAPITAL SWIM LEAGUE MEET SCHEDULE 2011-12

		Departure Time	Warm-up Time	Meet Time
Saturday, November 12	SST at Central York	6:45 AM	8:00 AM	8:30 AM
Saturday, November 19	Spring Grove at SST	-----	7:30 AM	8:30 AM
Saturday, November 26	Trojan 10 & under Invit.	TBA	TBA	11:00 AM
Saturday, December 3	SST at Wildcat	6:45 AM	8:00 AM	8:30 AM
Saturday, December 10	SST at Lion	6:15 AM	7:30 AM	8:00 AM
Saturday, December 17	Trojan at SST	-----	7:30 AM	8:30 AM
Saturday, January 14	Dover at SST	-----	7:30 AM	8:30 AM
Sunday, January 15	Dover Pentathlon	TBA	TBA	TBA
Saturday, January 21	Bobcat at SST	-----	7:30 AM	8:30 AM
Saturday, February 4	FCSL Championship Meet at Dover		TBA	9:00 AM
Saturday, February 11	FCSL All-Star Meet @ Central York		TBA	10:00 AM

Note: All away meets are transportation by car. Any additional Invitational meets will be announced as received.

Revised 10/1/11

Directions to Away meets

Dover (Dover Area Aquatic Club): 4500 Intermediate Ave, Dover, PA 17315

Take Route 116 through Spring Grove to Route 30. Go straight through at Route 30 onto South Salem Church Road (past Rutter's Store) and follow to Canal Road. Turn right on Canal Road. In Dover, turn left onto Intermediate Ave. and follow to rear of Dover Intermediate School building.

Red Lion (Lion Aquatic Club): 200 Horace Mann Ave. Red Lion, PA 17356

Take Route 116 East to Spring Grove. Before entering Spring Grove, turn right at the lake onto Lehman Rd. Follow Lehman Rd. to stop sign in Stoverstown. Turn left onto Stoverstown Rd. and follow to York New Salem. Go straight at traffic light, bear right at first stop sign and follow road to next stop sign. Turn right at stop sign and follow road to traffic signal at Leaders Heights. Go straight ahead at traffic light and follow Leaders Heights Road to Route 74. Turn right on Route 74 and follow through Dallastown. Turn right at the first traffic light as you enter Red Lion (next to a McDonalds) and then turn left at the first street. Follow this street to Horace Mann Ave. Turn left on Horace Mann Ave. and follow to Red Lion High School.

York Suburban (Trojan Aquatic Club): 1800 Hollywood Dr. York, PA 17403

Follow directions listed above to Red Lion. When you get to Route 74, turn left on 74 and follow to traffic light at McDonalds near Queensgate Shopping Center. Turn right at light and left at next light. Follow street to top of long hill and continue until you come to York Suburban High School. Turn left into parking lot and park to rear of building.

Dallastown (Wildcat Swim Club): 700 New School Lane, Dallastown, 17313

Follow directions listed to Red Lion. When you enter Dallastown, turn right at the first traffic light (Turkey Hill Store) and follow street to back of Dallastown Middle School.

Spring Grove (Spring Grove Swim Club): 1490 Roth's Church Rd. 17362

Take Route 116 East through Spring Grove. East of Spring Grove turn left onto Roths Church Road to the Spring Grove Middle School. Turn left and follow road back to High School. Pool is in the new high school.

Northeastern (Bobcat Swim Club): 198 N. Hartman St. Manchester, 17345

Take Route 116 East through Spring Grove to Route 30. Take Route 30 East to York to the signal light at North George Street. Turn left onto North George Street (Route 181), Proceed 5.4 miles to 4th signal light (you are now at the square in Manchester, there is a Rutters Farm Store on the right). Continue through intersection to East Parkview Street. Turn right on East Parkview Street and continue to the Intermediate School.

Central York (Central York High School): 601 Mundis Mill Rd. York 17406

Take rt.30 East, turn left onto N.Sherman St.(4th light after Interstate 83 overpass) Go 2.3 miles and turn left (signal light) at the bottom of the hill onto Mundis Mill Rd. The school is on the right.