

SEAHORSE SWIM TEAM

PHILOSOPHY

The Seahorse Swim Team aims to provide students between the ages of six and eighteen with an opportunity to develop excellent swimming skills and techniques, while developing self-expression, personal accomplishment and social character within an atmosphere of hard work, fun, commitment, and dedication to self-improvement and team spirit.

The swimmers are encouraged to work for team unity and accomplishment by committing themselves to regular attendance at practices while working to improve their skills and performance. Team unity is an important phase because by learning to encourage and cooperate with each other, they can better reach a common goal.

Winning is the goal of competition, however, in our program, the stress will be self-improvement and team commitment. We pride ourselves in being proud winners and gracious losers. The coaches will ultimately be responsible for determining appropriate behavior and any necessary action to assure the same.

OBJECTIVES

Swimming in an age group program can be a wonderful experience for a child or it can be an upsetting one, depending upon the coach, the parents and the manner in which the program is conducted. Human nature is such that a parent loses most of his ability to remain detached and objective in matters concerning his own children. The following objectives will govern our age group program.

1. Provide opportunities for social and emotional development.
2. Furnish a wholesome and worthwhile physical and recreational outlet.
3. Provide opportunity to learn sportsmanship and make swimmers aware of the team concept.
4. Provide educational opportunities.
5. Provide training and competition to all swimmers who desire to better their swimming skills.

We cannot over emphasize the necessity of displaying good sportsmanship at all times. This pertains to coaches, parents and swimmers. We will set the example for future Seahorse Swim Teams by our conduct at meets.

PARENTS

Your participation is one of the important keys to our team's success. The Parent's Association is responsible for running the home meets (timers, judges, scorers, runners, refreshments, etc.), providing help at away meets, and conducting fund- raising activities which help defray some of the team's expenses.

PARENT'S ROLE

The commitment and dedication of parents is as important as the child's. For our program to function properly, we depend upon parents to transport children to practices and assist us in running our meets. You will be asked to help at team sponsored activities.

We encourage parents to learn as much as they can about swimming and really enjoy it. Experience has taught us a child's commitment and enjoyment is often a reflection on his parent's commitment.

A major problem which coaches often face and parents can help rectify is a parent's attitude toward his child's ability. Experience has shown us that high pressure parents usually have a child who learns to dislike swimming, and a low pressure parent has a child who never realizes his full potential. Encouragement and assurance can be most helpful in your child's development.